



Parent To Parent

A support and learning group for parents and guardians of children of all ages

Ocean Township parents and guardians of children of all ages are invited to

Parent to Parent,

a group that meets monthly for coffee and conversation.

Led by a professional mental health counselor, Jennifer Fria, MA, MS, LPC, the group will explore various topics related to parenting such as child development, how to raise an emotionally healthy child, effective discipline and self care.

The group meets on the **second Thursday of each month** beginning February 8, 2018, **6 to 7 pm at the Department of Human Services, 601 Deal Road.**

Participation is free and transportation is available on a limited basis.

Register using CommunityPass: register.communitypass.net/oceantwp or contact Jennifer Appio, 732-531-2600, email jappio@oceantwp.org.



Township of Ocean Department of Human Services
601 Deal Road Ocean NJ 07712
732-531-2600 www.oceantwp.org

