

EMERGE

Emerge is a program that allows young adults (18-21 years-old) to look at alcohol and substance issues in their lives. Participants will examine their attitude, learn new information and new ways of making decisions about drug and alcohol use.

Emerge is designed specifically for young adults and provides education, assessment, and referrals that are appropriate for men and women in the first stage of adulthood.

Education— Participants will learn new information, scientific facts, and skills that will help in addressing issues of alcohol and other drugs. They will learn new skills of decision making that promote both success and integrity.

Assessment— Participants will complete a valid assessment tool to help them understand the role of drug and alcohol issues in their lives.

Recommendation and Referral— Based on the information shared with the counselor and the assessment instrument, recommendations regarding further counseling or other interventions will be made to participants.

Certification— Notification of participation and results of the assessment will be forwarded to the referring agency upon participant request.

TOWNSHIP OF OCEAN
DEPARTMENT OF HUMAN SERVICES
P.O. BOX 910

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EMERGE

ALCOHOL EDUCATION FOR YOUNG ADULTS



**At the first sign of
trouble.**

732-531-2600
www.oceanhisd.org

EMERGE...A TOOL FOR YOUNG ADULTS

A Message To

Young Adults:



The **Emerge** program begins with the premise that young adulthood is a unique stage of life, with its own challenges and opportunities. **Emerge** will assist you in looking at the role of alcohol and other drugs in your life as you enter adulthood with its autonomy and responsibility.

Emerge will provide you with facts about alcohol and other drugs. In addition you will complete an assessment test that will allow you to make informed choices about your alcohol use. You will learn decision making strategies that will assist you in making choices that promote both success and integrity.

Emerge is a strength-based program that provides you with skills and information. If you find that there is a need for counseling or other interventions, the professional counseling staff of the program will assist you in taking the first steps.

A Message to those who care

About young adults

You are someone who cares about young adults- You may be a parent, judge, educator, friend, clergy-person or neighbor. Whoever you are, you have the potential to make a difference in the life of young men or women and the families who love them. **Emerge** is an intervention program that provides a first step. Through education, assessment, and referral, **Emerge** encourages young people to address alcohol issues in their life. If you are in a position to require participation, doing so now may be a life-changing or even life-saving intervention.

What to Expect

Emerge is a two session program that meets from 6:00 to 7:30 on the first and third Wednesday of each month. Participants must attend both sessions. During the first session, participants focus on strengths, challenges and opportunities that are of significance to the emerging adult. During the first session, participants will complete a valid assessment instrument which will be discussed in the second session. The participants will be provided with strategies and resources in the second session to make an informed decision about their need for continued counseling. Advanced registration is required. The fee for the program is \$50.00.



Why Emerge?

Because...

...every day 13 young adults die from alcohol related injuries.

...young adults (18-21) are three times more likely to be admitted to an emergency room for alcohol than their teen (14-17) peers.

...in this age group 67% of men who raped women had used alcohol or drugs prior to the rape and 55% of the women victims had used drugs or alcohol prior to the rape.

...finding and treating alcohol problems early is the most effective approach.

...Young adults are most amenable to intervention and education because of their increasing autonomy and responsibility

For more information or to make a referral or register contact

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