

TOWNSHIP OF OCEAN

# RECREATION PROGRAMS

SUMMER 2021



REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)  
WEDNESDAY, MAY 12 (NON-RESIDENTS)

REGISTER ONLINE: [REGISTER.COMMUNITYPASS.NET/OCEANTWP](https://register.communitypass.net/oceantwp)  
REGISTER IN-PPERSON AT THE RECREATION OFFICE, 601 DEAL ROAD



TOWNSHIP OF OCEAN DEPARTMENT OF HUMAN SERVICES  
601 Deal Road Ocean, NJ 07712  
732-531-2600 [www.oceantwp.org](http://www.oceantwp.org)



TOWNSHIP OF OCEAN

# RECREATION PROGRAMS

*Summer 2021*

601 Deal Road Ocean, NJ 07712

732-531-2600

[www.oceantwp.org](http://www.oceantwp.org)

## RECREATION STAFF

**MIKE BUTRICO**

*Recreation Director*

**AARON MILLER**

*Project Extend Coordinator/  
Recreation Coordinator*

**KRISTEN WEBER**

*Recreation Coordinator*

## OFFICE HOURS

Mondays-Thursdays  
8:30am-6:00pm

Fridays  
8:30am - 4:30pm

## MAILING ADDRESS

601 Deal Road  
Ocean, NJ 07712

## PHONE

732-531-2600

## FAX

732-517-8567

## CLOSINGS & CANCELLATIONS

732-517-8568

## GOLF COURSE

732-775-3636

## COMMUNITY POOL

732-229-6161

## DATES TO REMEMBER

William F. Larkin Golf Course at Colonial Terrace  
opens Saturday, April 3

Registration for Summer Programs & Fall Youth Soccer begins  
**April 28** for Ocean residents.

Non-resident registrations accepted **May 12**

Community Pool & Tennis Facility opens **May 29**



## OTHER COMMUNITY RECREATION & SPORTS OPPORTUNITIES

Boys Lacrosse:	<a href="http://oceanyouthlax.com">oceanyouthlax.com</a>
Girls Lacrosse	<a href="http://oceangirlslacrosse.com">oceangirlslacrosse.com</a>
Little League	<a href="http://otll.org">otll.org</a>
Ocean United Soccer	<a href="http://oceansoccer.com">oceansoccer.com</a>
American Youth Football	<a href="http://oceanayf.siplay.com">oceanayf.siplay.com</a>
Girl Scouts	<a href="http://jerseyshoregirlscouts.org">jerseyshoregirlscouts.org</a>
Boy Scouts	<a href="http://monmouthbsa.org">monmouthbsa.org</a>
NFL Flag Football of Ocean	<a href="http://nflflagofocan.com">nflflagofocan.com</a>
Township Library	<a href="http://monmouthcountylib.org">monmouthcountylib.org</a>

# COMMUNITY CELEBRATION COMMITTEE

THURSDAY, MAY 6

Celebrating Ocean Township's  
**Hometown Heroes**



The Township of Ocean Community Celebration Committee & Township of Ocean Intermediate School invite you to celebrate our Hometown Heroes at a drive-in event.  
Drive in style and bring a sign to show your thanks!

**Thursday, May 6 7:00 pm**  
Gates open at 6:30 pm      Raindate: 5/13  
**Joe Palaia Park, Mike Cernigliaro Bandshell**  
enter on Whalepond Rd. near corner of Deal Rd.

MONDAY, MAY 31

**Township of Ocean  
Memorial Day Service**



**Monday, May 31  
11 am**

**Town Hall  
399 Monmouth Road**

THURSDAY, MAY 27

TOWNSHIP OF OCEAN  
COMMUNITY CELEBRATION COMMITTEE PRESENTS

*Guilty*  
**PLEASURE**

Drive-in  
Concert



A New Jersey cover band playing music from the '60s to today

**THURSDAY, MAY 27  
MIKE CERNIGLIARO FAIRGROUNDS  
AT JOE PALAIA PARK**

GATES OPEN 5:30 PM      SHOW 6 - 8 PM  
BRING YOUR LAWN CHAIRS & ENJOY THE SHOW!

**Admission \$20/vehicle**

SATURDAY, JUNE 12

**Spring  
Art Exhibit & Sale**

*Featuring works by local artists*

**Saturday, June 12, 2021  
11am - 4 pm**

on the grounds of the  
**Township of Ocean Historical Museum  
703 Deal Road**

Watch for updates about more events to be added throughout the summer.  
Follow the Community Celebration Committee on Facebook for the latest news

HELP OCEAN TOWNSHIP CELEBRATE!

BECOME A COMMUNITY CELEBRATION COMMITTEE SPONSOR

FOR INFORMATION, CONTACT JENNIFER NORDSTROM, JNORDSTROM@OCEANTWP.ORG

OR CALL 732-531-2600



## PARKS AND RECREATION FACILITIES

### PARKS

#### Dave Dahrouge Park

*Park Boulevard & Logan Road, Wanamassa*

#### Joe Palaia Park

*Dow Avenue & Whalepond Road, Oakhurst*

#### Oakhurst First Aid & Fire Company Memorial Fields

*Memorial Parkway, Oakhurst*

#### **Wanamassa Firemen's Memorial Park**

*off Sunset Avenue, Wanamassa*

#### Wayside Park

*Green Grove Road, Wayside*

### INDOOR FACILITIES

#### Oakhurst Park Meeting Room

*Memorial Parkway, Oakhurst*

#### Municipal Gym

*1100 West Park Avenue, Oakhurst*

#### West Park Recreation Center & Senior Center

*615 West Park Avenue, Oakhurst*

#### Terner Gallery and classrooms

*701 Deal Road in Township library*

### PARK REGULATIONS

Please be considerate of the following park regulations for the enjoyment of all who visit the facilities. Masks are recommended and please adhere to social distancing. Report any concerns regarding parks and playgrounds to the Dept. of Human Services, 732-531-2600.

- Park Hours: 7:00 am - sunset
- Parking permitted in designated areas only
- Pets must be leashed at all times
- Please clean up after your pet
- Golfing is not permitted on softball or soccer fields
- Alcoholic beverages are not permitted unless special arrangements are made at the Dept. of Human Services
- Dispose of trash and recyclables in appropriate containers

*A complete list of park regulations can be found in Chapter XVI of the General Ordinances of the Township of Ocean.*

PARK	TENNIS	PICKLE-BALL	SOFTBALL	BASE-BALL	BASKET-BALL	PICNIC GROVE	TRAILS	DISC GOLF	PLAY-GROUND
DAVE DAHROUGE PARK	✓	✓	✓			✓			✓
JOE PALAIA PARK/ SAUL RUBIN FIELDS			✓				✓	✓	✓
OAKHURST FIRST AID & FIRE CO. MEM. FIELDS	✓	✓	✓		✓	✓			✓
WANAMASSA <b>FIREMAN'S</b> MEMORIAL PARK			✓	✓					
WAYSIDE PARK	✓	✓			✓				✓

### SOFTBALL FIELD USE

Residents may reserve two-hour blocks of time. Reservations accepted no more than 1 week in advance of requested date. Fields are available for use as of June 22 (weather permitting). Contact the Recreation Office for additional information and requirements. Fees apply for use of the softball/baseball fields at **the Wanamassa Fireman's Memorial Park Complex.**

## TENNIS/PICKLEBALL COURT RESERVATION & USE PROCEDURES

- Dave Dahrouge and Wayside parks each have four tennis courts. Two courts at each park are lined for **pickleball play. There are four courts at Oakhurst Fireman's Field. All are lined for pickleball play. The Community Pool and Tennis Facility Courts has six tennis courts. Three are lined for pickleball play. Courts lined for pickleball are "blended courts" that can be used for tennis or pickleball.**
- **Courts at Dave Dahrouge, Wayside and Oakhurst Fireman's Field parks are open 8am to dusk. Courts at the Community Pool & Tennis Facility are open 8 am -10 pm.**
- Residents may reserve court time beginning April 15 and must be registered in the CommunityPass system. Proof of residency is required. Be sure to indicate if you are reserving for tennis or pickleball.



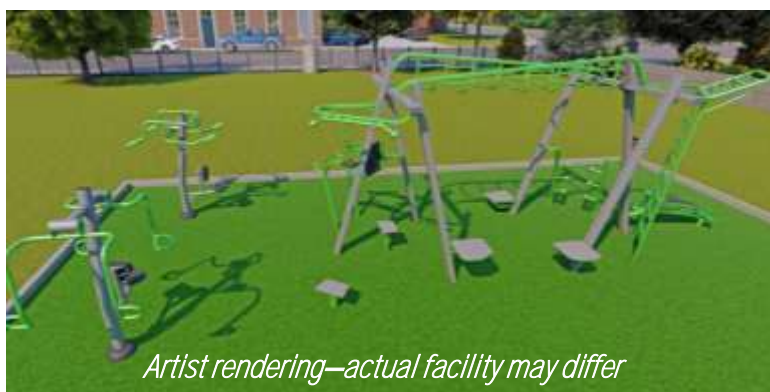
- Players are limited to 1 hour of reserved court time per day. Reserve no more than 1 week in advance by calling the Recreation Office Monday -Friday 8:30 am - 3:45 pm. Reservations ARE NOT **accepted for the same day as the call. Player's name will be requested at time of reservation.** Indicate if you are reserving for tennis or pickleball.

- Daily reservations will be posted at each park prior to 8 am.

- NO tennis ball hoppers.
- Walk-ons can play on a first-come basis if court is not previously reserved. Walk-on use is limited to 1 hour (on the hour) if others are waiting to play. Walk-ons must vacate the courts any time they are reserved.
- Please adhere to social distancing guidelines while at the tennis facilities.



## OUTDOOR FITNESS FACILITY COMING SOON TO JOE PALAIA PARK



*Artist rendering—actual facility may differ*

**There's a whole new way to get fit this summer at Joe Palaia Park!** Construction will soon begin on a brand-new outdoor fitness gym.

The outdoor gym will feature multiple stations that allow users to improve strength and core fitness, while toning every part of the body.

The facility will be wheelchair accessible, with a shoulder press and chest press that can be used from a wheelchair.

The gym is expected to open Summer 2021 and can be accessed from the Whalepond Road entrance #1. Additional information will be posted before it opens. Check the website and social media for updates!

## PROJECT EXTEND BEFORE & AFTER SCHOOL CARE

*PRE-K - 8TH GRADE*

Enriching and affordable child care is offered through the Department of Human Services. Trained professional staff supervise a variety of activities to promote social interaction and safe fun for children.



**Eligibility:** Project Extend serves resident children in grades pre-K-8 who attend Township of Ocean public schools.

**Hours:** **Before School Project Extend** for students in grades pre-K-4 is held from 7:00 am until the start of the school day on days Township schools are in session.



**After School Project Extend** for students in grades pre-K-8 begins at the end of the school day until 6:00 pm on days Township schools are in session.

For information about monthly rates and a registration packet call 732-531-2600 or visit [oceantwp.org](http://oceantwp.org). (Click on Recreation & Counseling tab.)

## PROJECT EXTEND HOLIDAY CARE

*PRE-K - 8TH GRADE*

Full day child care is offered on many Township of Ocean school holidays. Children spend the day being active, having fun with friends and making new friends in a safe and supervised environment. The Holiday Care program will run from 7:30 am to 5:30 pm in the 2021-22 school year.

Registration information will be available in the Fall Brochure.



### 2021-2022 HOLIDAY CARE DATES

<b>SEPTEMBER:</b>	Thursday, 9/16	<b>JANUARY 2022:</b>	Monday, 1/17
<b>OCTOBER:</b>	Monday, 10/11	<b>FEBRUARY:</b>	Friday, 2/18 Monday, 2/21
<b>NOVEMBER:</b>	Thursday & Friday, 11/4 - 5	<b>APRIL:</b>	Friday, 4/15 Monday-Friday, 4/18–22
<b>DECEMBER:</b>	Monday - Thursday, 12/27–30	<b>MAY:</b>	Monday, 5/30
		<b>JUNE:</b>	TBA

REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)  
WEDNESDAY, MAY 12 (NON-RESIDENTS)  
SEE PAGE 17 FOR DETAILS



# TOWNSHIP OF OCEAN RECREATION SOCCER

*For youth in Kindergarten through 6th grade*

*as of September 2021*

*Pre-K Soccer Clinic for ages 4 & 5. See page 8 for details.*

*7th - 9th grade clinic for boys & girls. See Page 8 for details.*

SOCCER DIVISIONS	GRADE
Instructional	Kindergarten & 1st
Developmental	2nd & 3rd
Junior	4th - 6th
<i>All soccer divisions are separated by gender Divisions may be restructured dependent upon enrollment.</i>	

Practices begin in late August. Coaches will notify participants when practices will begin.

Games are held on Saturdays September 11 - November 6.

*If makeup games are needed due to inclement weather, games will be made up during weekly practice time.*

Soccer Spooktacular October 30!

**FEE:** \$60 residents/\$70 non-residents

*Age-appropriate shin guards are required ~ Rubber cleats are suggested*

VOLUNTEER COACHES AND ASSISTANTS ARE NEEDED

**Call 732-531-2600 for information**

*All volunteers must comply with the Rutgers SAFETY training and Township-sponsored fingerprint program.*

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## FALL SOCCER CLINICS

### PRE-SCHOOL CLINIC FOR AGES 4 & 5

*(MUST BE AGE 4 BY SEPTEMBER 1, 2021)*

Children will learn the fundamentals of soccer with an emphasis on FUN! Our soccer instructor will lead players with a warm-up and instructional clinic, followed by game play. Children are encouraged to bring

**a #3 soccer ball each week, labeled with the child's name.**

Rubber soccer cleats are optional, and age appropriate shin guards are required.

SATURDAYS, SEPTEMBER 25 - OCTOBER 30

9:00 - 10:00 AM

OAKHURST FIRST AID & FIRE COMPANY MEMORIAL FIELDS

FEE (T): \$30 RESIDENTS/\$40 NON-RESIDENTS

*Adult supervision is needed. If you are interested in helping, please register as a Volunteer Coach - Pre-K division. You will be assigned a group of children each week and will help with skills, drills and games under the direction of the program supervisor.*



Soccer  
Spooktacular  
October 30!



### HOTSHOTS CLINIC FOR YOUTH IN GRADES 7-9

Boys and girls in grades 7–9 will improve their skills in a clinic designed especially for older players.

Have fun while learning more about soccer through drills, skills and games!

Rubber soccer cleats and age appropriate shin guards are required.

Please bring a #5 soccer ball labeled with your name.

SATURDAYS, SEPTEMBER 25 - OCTOBER 30

10:30 - 11:30 AM

JOE PALAIA PARK ENTRANCE #3

FEE (T): \$30 RESIDENTS/\$40 NON-RESIDENTS

Soccer  
Spooktacular  
October 30!



REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)

WEDNESDAY, MAY 12 (NON-RESIDENTS)

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## RUNNING CLUB



FOR YOUTH ENTERING GRADES K - 6  
 TUESDAYS & THURSDAYS  
 SESSION 1: JULY 6 - 29  
 SESSION 2: AUGUST 3 - 26

3RD - 6TH GRADE	8:00 - 8:45 AM
K - 2ND GRADE	9:00 - 9:45 AM



Physical fitness training is an important life lesson for all children and young athletes. This summer, children can learn to run faster over short distances. Agility drills and injury prevention techniques will be covered, as well as an introduction to endurance running. The program will be held outdoors. Children should dress appropriately for the weather and wear running shoes or sneakers.

FEE: \$40 OCEAN RESIDENTS/\$50 NON-RESIDENTS

LOCATION: JOE PALAIA PARK, SAUL RUBIN FIELDS      MEET IN THE PARKING LOT OF THE DOW AVE. ENTRANCE

## OUTDOOR ACTIVE RECREATION

Outdoor Active Recreation is a sunshine program for youth entering grade 1-8. **Your child's** day will be filled with crafts, active/passive outdoor play, daily pool time & special events.

This program will run on *fair weather days only*. A delayed opening schedule, due to weather may be implemented. Children must bring a face covering (wear it when necessary), one bag with their towel, sunscreen, snacks, lunch and water. Temperature will be taken daily at drop-off. Children will remain socially distant and groups will not intermingle.

Please see the program rules and guidelines when registering.

8:30 AM - 4:30 PM

JUNE 28 - JULY 9

RAIN DATE 7/2, NO PROGRAM 7/5, PROGRAM 7/9

JULY 12 - 22

RAIN DATE 7/16 & 7/23

JULY 26 - AUG 5

RAIN DATE 7/30 & 8/6

AUGUST 9-19

RAIN DATE 8/13 & 8/20

### PROGRAM GROUPS

1st & 2nd grade

3rd & 4th grade

5th & 6th grade

7th & 8th grade



**FEE:** \$250.00/per child, per session (Ocean residents)  
 \$275.00/per child, per session (non-residents)  
 \$125.00 per child/per session is due at registration  
 Final balance due June 2, 2021

**LOCATION:** Oakhurst Park, Arthur Shenck Lane off of Larkin Place, Oakhurst Ocean Twp. Pool Facility, 615 West Park Ave.

REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)  
 WEDNESDAY, MAY 12 (NON-RESIDENTS)  
 SEE PAGE 17 FOR DETAILS

TOWNSHIP OF OCEAN RECREATION

# Tennis & Pickleball

For Youth & Adults

## BEGINNER YOUTH TENNIS

Basic grips, strategies and rules are taught through drills, games and open play. Participants provide their own racquet and an unopened can of balls at start of program.

Session 1: Ages 9 - 11    Monday - Friday, July 5 - 9    6:15 - 7:15 pm  
 Session 2: Ages 12 - 17    Monday - Friday, July 12 - 16    6:15 - 7:15 pm  
 Session 3: Ages 7 & 8    Monday - Friday, July 19 - 23    6:15 - 7:15 pm



**Location:** Oakhurst Park Tennis Courts

**Fee(T):** \$75 residents/\$85 non-residents

*Make-ups will be scheduled for rain only. No make-ups or refunds for student absence.*

## INTERMEDIATE TENNIS FOR ADULTS

Adult group lessons for intermediate players, age 17+.



Seven 1-hour lessons teach more advanced skills and sharpen existing skills. Bring a racquet and an unopened can of tennis balls to first class. Please wear appropriate footwear.

**Mondays, July 12 - August 16 6:00 - 7:00 pm**

**Location:** Oakhurst Park    **Fee(T):** \$130 residents/\$140 non-residents

*Make-ups will be scheduled for rain only. No make-ups or refunds for student absence.*

## INTRODUCTION TO PICKLEBALL FOR ADULTS

**Pickleball is a paddle sport that's fun for all skill levels. The rules are simple and the game is easy for beginners to learn. Paddles and balls are available on site. Court shoes are required.**



**Wednesdays, July 7 - July 28 6:30 - 7:30 pm**

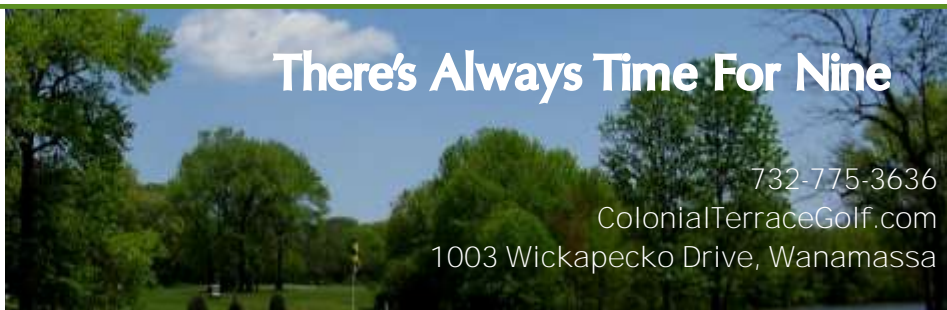
**Location:** Oakhurst Park Tennis Courts **Fee (T):** \$50 residents/\$60 non-residents

*Only one day is available for make up if needed due to inclement weather. No refunds for dates missed due to more than one inclement weather cancellation or due to participant absence*

## PRIVATE TENNIS & PICKLEBALL LESSONS

Group, private and semi private lessons for all levels beginners though experienced players are available with Certified Coach, Andre Blanquer. Andre will also offer open play, round robin tournaments and leagues. For information email: [andretenniscamps@hotmail.com](mailto:andretenniscamps@hotmail.com) or call 732-531-2600 ext. 6235.

REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)  
 WEDNESDAY, MAY 12 (NON-RESIDENTS)  
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## There's Always Time For Nine

732-775-3636  
 ColonialTerraceGolf.com  
 1003 Wickapecko Drive, Wanamassa

Ocean's beautiful 9-hole golf course is conveniently located in Wanamassa and offers 2,616 yards of golf from the longest tee for a par 35, reasonable rates, leagues and lessons for golfers of all ages and abilities. The course is open daily from 7 am until dusk.

### VISIT COLONIALTERRACEGOLF.COM

Book tee times online and stay up-to-date with news about lessons and special events.



### SUMMER GOLF LESSONS

Learn to play or improve your game with LPGA Pro Michelle Melia. All classes are held at William F. Larkin Golf Course at Colonial Terrace. Golf clubs are available for use during class.

#### GOLF 101

For the adult golfer who is just starting or with some exposure to golf. Learn chipping, pitching, putting, sand play and full swing fundamentals and principles. Upon completion of lessons participants are invited to play nine holes with a WFLGC@CT staff member. Details will be provided at class.

Session 1: Thursdays, July 8 - August 12  
 10:15 - 11:15 am

Session 2: Thursdays, July 8 - August 12  
 6:30 - 7:30 pm

Session 3: Fridays, July 9 - August 13  
 9:00 - 10:00 am

#### GOLF 102

For the player who has participated in prior lessons, has experience playing on different golf courses and has good fundamental skills. Upon completion of lessons participants will be given a pass to play a round at the WFLCG@CT.

Session 4: Tuesdays, July 6 - August 10  
 6:30 - 7:30 pm

Session 5: Wednesdays, July 7 - August 11  
 6:30 - 7:30 pm

Session 6: Thursdays, July 8 - August 12  
 9:00 - 10:00 am

FEE (T) \$70 RESIDENTS/\$80 NON-RESIDENTS

### YOUTH LESSONS

Group lessons are available for youth, 8 -17, through The First Tee of the Jersey Shore. Call 732-759-2170 or email info@thefirstteejerseyshore.org.



### JULY IS FAMILY MONTH!

Youth 7-17 play free Monday-Friday when accompanied by a paying adult.  
*Limit one free child per paying adult.*



WILLIAM F. LARKIN GOLF COURSE

## FIT MAMAS

### *Mother/child program*

NJ fit mamas works to empower strong moms through group fitness and community. Moms at all stages of motherhood are welcome.

Led by nationally certified personal trainers who are mamas themselves, Fit Mamas is more than just a work-out. Our goal is to bring out the fierce spirit in every mama and enrich their lives by creating a community in motherhood, health and fitness. Join us for a 60 minute workout focusing on the health of moms during the prenatal, postnatal and beyond stages of motherhood.



Please bring a yoga mat and water. Little ones must be in stroller or carrier. Bring snacks and toys for older babies. Pregnant mamas are encouraged to join and must bring a doctors/midwives note of clearance.

After delivery, mamas must be six weeks post natal to return to working out; eight weeks for C section delivery.

TUESDAYS & THURSDAYS    JULY 6 – AUGUST 12    9:30 - 10:30 AM  
 LOCATION: DAVE DAHROUGE PARK    FEE (T): \$75 RESIDENTS/\$85 NON-RESIDENTS

## ROUND ROBIN PICKLEBALL TOURNAMENT

### TWO LEVELS — CO-ED

**2.0 -2.5 : Intermediate Tournament** Understand the game and able to transition from the back court to the NVZ (non-volley zone) and can dink.

**3.0-3.5 : Advanced Tournament** Can play the game using advanced transitional skills, dinks and put away volleys.

### RULES

- Teams enroll in a **Doubles** Pickleball Round Robin Tournament (**Dates: July & August, 2021, times:TBA**)
- Teams play with the same partner throughout the duration of the tournament. No substitutes.
- Match assignments will be emailed weekly on Sundays starting **June 27**.
- Teams (Resident) make reservations & arrangement with opponent and set the day & time & place for match to be played. All non-resident teams will play their match at the Oakhurst Park, based on availability.
- Teams have 1 week to complete the weekly assigned match.
- If a team can not complete a match by the end of the assigned week, the team forfeits the match.



**LENGTH OF MATCHES:** All matches will play a 21 points set. 1<sup>st</sup> to 21, wins the match. If a match needs to be shortened due to rain: 1<sup>st</sup> Team to win 11 points wins the match.

A match will be considered a default if a Team keep their opponent waiting for more than 20 minutes.

- Players make their own calls.
- It will be the responsibility of each Team to email [andretenniscamps@hotmail.com](mailto:andretenniscamps@hotmail.com) the results at the completion of each match.
- Teams bring pickleball balls for every match.
- Team with the most wins at the end of August will be declared the winner of the Tournament.

PRIZES AND TROPHIES WILL BE AWARDED.

ENTRY FEE (T): \$90/TEAM (RESIDENT) \$100/TEAM (NON-RESIDENT)

*Programs may be canceled for unforeseen circumstances such as inclement weather or instructor absences. In the event of cancellations, up to two canceled classes per session will not be made up.*

**BEGINNER YOGA**

Open to beginners and those looking to refresh an ongoing practice. Chairs are provided for those who cannot be on the floor. Youth 12-16 may register with a participating adult.

**TUESDAYS**  
**JULY 6 - SEPTEMBER 21**  
**6:30 - 7:45 PM**

**OPEN LEVEL YOGA**

Open to those who have some yoga experience to more advanced practitioners. All levels welcome.



**THURSDAYS**  
**JULY 8 - SEPTEMBER 23**  
**6:30 - 7:45 PM**

**YOGA FOR 55+**

Learn the basic practices of yoga geared especially for seniors and those with physical limitations. Chairs provided for those who cannot be on the floor.

**SESSION 1: TUESDAYS**  
**JULY 6 - SEPTEMBER 21**  
  
**SESSION 2: FRIDAYS**  
**JULY 9 - SEPTEMBER 24**  
**9:30 - 10:45 AM**

All aspects of yoga are practiced: postures, breathing techniques, guided imagery, deep relaxation and guided meditation. Please bring your yoga mat, towel and blanket.

LOCATION: TERNER CLASSROOM      FEE (T): \$115 RESIDENTS/ \$125 NON-RESIDENTS

**ZOOM YOGA AND MEDITATION**

Select your favorite yoga or meditation class and choose the virtual option to participate from your home.



**ADULT BASKETBALL**

**For adults 18 and over, courts available for “pick up” basketball. The gym is not air conditioned.**

Registrants only, no youth/guests permitted.

**SESSION 1 (T): SUNDAYS, JULY 11- SEPT, 19**  
**8:00 - 10:00 AM**  
*No PROGRAM 9/5*

**SESSION 2: MONDAYS, JULY 12 - SEPT. 20**  
**8:00 - 10:00 PM**  
*(No PROGRAM 9/6)*

**SESSION 3: WEDNESDAYS, JULY 7- SEPT. 15**  
**8:00 - 10:00 PM**

**LOCATION: MUNICIPAL GYM**  
**FEE PER SESSION: \$25 RESIDENTS/\$35 NON-RESIDENTS**

**MORNING MEDITATION**

Focus is on meditation and breathing techniques to aid in quieting the mind. Students learn tips for establishing a consistent meditation practice. Chairs are provided for those who prefer not to sit on the floor.

**SESSION I: TUESDAYS, JULY 6 - SEPTEMBER 21**  
**SESSION II: FRIDAYS, JULY 9 - SEPTEMBER 24**  
**TIME: 8:50 - 9:20 AM**  
**LOCATION: TERNER CLASSROOM**  
**FEE (T): \$70 RESIDENTS/ \$80 NON-RESIDENTS**

**SUMMER PILATES**

Class is suitable for beginners as well as those with experience. Participants should supply their own floor mat. Mats may also be purchased from the instructor, Jill Albert.

**TUESDAYS, JULY 6- AUGUST 10 8:45 - 9:45 AM**  
**LOCATION: WEST PARK RECREATION CENTER**  
**WEDNESDAYS, JULY 7 - AUGUST 11 6:00-7:00 PM**  
**LOCATION: VIRTUAL**  
**FEE (T): \$30 RESIDENTS/\$40 NON-RESIDENTS**

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 WEDNESDAY, MAY 12 (NON-RESIDENTS)  
 SEE PAGE 17 FOR DETAILS



**STRENGTH, STRETCH & BALANCE**

Instructor Joanne McKenna uses gentle strength training, stretches and balance exercises to help you feel your best.

SESSION 1: MONDAYS, JULY 12 - AUGUST 16  
 SESSION 2: FRIDAYS, JULY 16 - AUGUST 20  
 10:10 - 11:00 AM

LOCATION: WEST PARK RECREATION CENTER, 1ST FLOOR  
 FEE (T): \$25 RESIDENTS/\$35 NON-RESIDENTS



An innovative, fun and exciting program designed for older adults of all fitness and ability levels. Zumba Gold uses the same great Latin-style music and dance as Zumba Basic, but at a lower intensity and slower pace.

TUESDAY & THURSDAY JULY 6 - AUGUST 26  
 10:15 - 11:15 AM

LOCATION: WEST PARK REC CENTER, 1ST FLOOR  
 FEE (T): \$55 RESIDENTS/\$65 NON-RESIDENTS.

**YOUR INNER PICASSO**



Budding or born again artists 55+ will learn and practice basic concepts of painting in a relaxing and encouraging atmosphere. Bring a photo of a favorite subject matter or

choose from the picture file. Discover your own creativity even if you have never held a paintbrush. Students will use acrylics. One canvas will be provided. **Please bring your own paintbrushes.**

TUESDAYS, JULY 6 - AUGUST 31  
 NO PROGRAM 8/3

SESSION 1: 12:30 - 2:00 P.M.  
 SESSION 2: 3:00 - 4:30 P.M.  
 LOCATION: DON & MARIE CURTIS SENIOR CENTER  
 FEE (T): \$55 RESIDENTS/\$65 NON-RESIDENTS

It is always recommended that you check with your physician prior to participating in exercise activities.

**FITNESS FOR 55+**

Join instructors Jill Albert and Joanne McKenna who will guide participants in a safe, fun exercise class. Class includes cardio workouts with choreographed steps and strength training with weights.

MONDAYS & THURSDAYS, JULY 12 - AUGUST 19  
 9:00 - 10:00 am

LOCATION: West Park Recreation Center, 1st floor  
 FEE: \$25 residents/\$35 non-residents



REGISTRATION BEGINS AT 8:30 AM ON WEDNESDAY, APRIL 28 (RESIDENTS)  
 WEDNESDAY, MAY 12 (NON-RESIDENTS)  
 SEE PAGE 17 FOR DETAILS

# CONSULTING

Professional, caring and confidential counseling services for Ocean Township residents

WE ARE HERE FOR YOU...HELP IS JUST A PHONE CALL AWAY!

Highly trained, licensed mental health professionals are here to help people address a number of issues, such as anxiety, grief, coping with loss, depression, family and relationship issues.



In person, phone and online appointments are available.

DAY OR EVENING APPOINTMENTS  
TO SCHEDULE AN APPOINTMENT,  
CALL 732-531-2600

## LET'S TALK



*A support and learning program for adults age 60 and older*

Join seniors living in Ocean for conversation, coffee and light refreshments. Moderated by **licensed counselors, together we'll explore topics** of interest such as health & wellness, family relationships and who we are today. There is no cost to join.

Limited space is available in Wednesday groups at the Don & Marie Curtis Senior Center. Call 732-531-2600 for information.

FREE TRANSPORTATION FOR MEDICAL APPOINTMENTS, SHOPPING AND ERRANDS  
FOR OCEAN TOWNSHIP RESIDENTS AGE 60 AND OLDER

# Senior Rides

For everyone's safety, all riders are required to wear masks that cover the nose and mouth and only one rider is permitted in the van.

For shopping and errand trips, riders must be able to carry their own packages to and from the van.

SCHEDULE IS SUBJECT TO CHANGE

Call 732-531-2600 at least 2 days in advance to schedule a ride

Medical appointments: Monday, Wednesday, and Friday - 9 am-2 pm

Shopping & errands: Tuesday and Thursday - 9 am-2 pm

CONNECT WITH US ONLINE  
[www.oceantwp.org](http://www.oceantwp.org)

ESPECIALLY FOR SENIORS

## OCEAN COMMUNITY POOL & TENNIS FACILITY 615 WEST PARK AVENUE, OAKHURST

A beautiful facility with three outdoor pools: an activity pool for all ages, a main pool with a lap swimming area and a dive tank. Other amenities include locker rooms with changing areas, a snack bar, tennis, basketball and sand volleyball courts, shade structures and shaded picnic areas.

Plexiglass barriers are installed at the front gate and at the concession stand as a safety measure for both our staff and patrons.

PLEASE ADHERE TO SOCIAL DISTANCING WHILE AT THE POOL COMPLEX WHEN POSSIBLE.

A variety of memberships for resident and non-resident individuals, families and seniors are available. Township of Ocean residents can use the facility without a membership by paying a daily fee. Visit [oceanwp.org](http://oceanwp.org) for membership and daily fee information.

### TENNIS & PICKLEBALL LESSONS & CAMPS

Andre Blanquer will offer lessons, camps, clinics and special events this summer at the Oakhurst Park Courts. Private lessons for youth and adults are offered.



**NEW FOR 2020: Unplug Camp for youth 12 -18:** More info to come

**Pickleball:** Supervised open play, tournaments, league play, private and group lessons too!

View Andre's brochures at [oceanwp.org](http://oceanwp.org)

### 2021 SEASON UPDATES

- Daily hours 10:00am - 8:00pm
- Open weekends May 29 31, June 5-6, and June 12-13
- Open daily June 19—Labor Day, September 6
- Registration is now open
- Rules and procedures will be in place for the 2021 season due to Covid-19 guidelines
- BYOC (Bring your own chair)
- NO rentals of picnic area
- Please adhere to social distancing throughout the community pool area
- Masks will be required for all staff excluding lifeguards while they are on stand or in the water
- Members and guests are recommended to wear masks while not in the water
- Lifejackets will be available and disinfected after use
- No other equipment will be available
- Please bring your own sporting equipment (Basketball, Volleyball, etc)
- Capacity limits in pools will be enforced when necessary
- Concession stand will be open with limited seating
- Additional guidelines will be posted throughout the pool grounds.



REGISTER ONLINE AT  
[REGISTER.COMMUNITYPASS.NET/OCEANTWP](http://REGISTER.COMMUNITYPASS.NET/OCEANTWP)  
OR IN-PERSON AT THE RECREATION OFFICE





## HOW TO REGISTER

### In-person or by mail:

1. Complete a registration form on the last page of this brochure. If registering for more than one program, a separate form must be completed for each program.
2. In-Person: Beginning at 8:30 am on Wednesday, April 28 registration for Ocean residents will take place at the Department of Human Services office. Staff will register walk-ins in the order in which they are received. Registrants must remain onsite until registration is completed.
3. By Mail: Registrations received by mail on DATE will be processed in random order throughout the day. Forms received before registration begins will be returned unprocessed.

The Township of Ocean cannot accept cash payments for any amount over \$50.

Any payments over \$50 must be made by credit or debit card, check or money order.

### Online Registration:

**If you have previously registered for programs, a family account is already set up for you. If you don't know your user name and password, call 732-531-2600 for assistance prior to registration dates.** First-time registrants, follow the instructions below to create an account using CommunityPass.

1. **Go to [www.oceantwp.org](http://www.oceantwp.org) and click on the Recreation & Counseling tab. Click on "Click Here to Register for Programs" OR logon directly to <https://register.communitypass.net/oceantwp>.** Follow instructions to create an account or skip to Step 2 if you already have an account.
2. **Login with your user name & password, select "Browse Activities" and choose the appropriate category.**
3. Verify that your family account information is accurate. Verify your email address.
4. Select participants: add additional family members here. Select the members you wish to register to view programs available. Volunteer coaches & assistants can also register here.
5. Select from the list of age/grade appropriate programs displayed for each family member.  
**Click on the activities and view "details" to the right of the program name.**
6. Complete the registration for each participant. Review your information and pay using Visa or Mastercard. Confirmation will be sent to your email address.

QUESTIONS? CALL 732-531-2600 FOR ASSISTANCE WITH ONLINE REGISTRATION.



### DISC GOLF

The disc golf course in Joe Palaia Park is available every day and is free to use. Discs can be borrowed from the Recreation Office during regular office hours.

A course map and instructional videos can be found online [oceantwp.org](http://oceantwp.org). Download the UDisc app for an easy to use scorekeeping tool.

### STAY CONNECTED



WEBSITE:  
[oceantwp.org](http://oceantwp.org)

FACEBOOK:  
[Facebook.com/OceanTwpHumanServices](https://www.facebook.com/OceanTwpHumanServices)

TWITTER:  
[@OTHumanServices](https://twitter.com/OTHumanServices)

INSTAGRAM  
[OceanTwpRecreation](https://www.instagram.com/OceanTwpRecreation)

IN-PERSON OR MAIL-IN REGISTRATION FORM

1. On Wednesday, April 28 registration will re-open at 8:30 am. Non-residents may register Wednesday, May 12 if space is available.
2. Registration will be accepted on a first come basis until maximum enrollment is met. Forms received prior to registration opening will be returned unprocessed. **Once maximum enrollment for program is met, registration will close.** If a minimum requirement is not met, program may be cancelled.
3. Registration will be accepted on-line *OR* through the mail. Registration **will not** be accepted on site at programs.
4. For mail-in registrations, form must be completed and submitted with the designated fee in order to be registered for a program. Incomplete forms will be returned unprocessed. Please use one form per person per program. All checks payable to: **Township of Ocean.** Mastercard & Visa accepted.
5. Age requirements must be met by program start date. Copy of participant's birth certificate may be requested.
6. Program refunds will be granted only if the program is cancelled by the Recreation Office (no service charge will apply) or if the vacated spot can be filled prior to the start of the program. Request for refund must be made in writing. Refunds will not be considered following the start of a program. Granted refunds will be assessed a \$10.00 service charge. Requests for refunds received within the appropriate time frame may also be credited to the registrant's Family Account (with no processing charge held) and applied to a future activity.
7. The Township of Ocean has established a Participation Code of Conduct (copy available upon request and posted on Township website). Compliance is required for participation in activities.
8. It is understood that images of participants may appear in footage on the Township cable station, Township website, Facebook

**IMPORTANT MESSAGE  
ABOUT CASH PAYMENTS**

The Township of Ocean cannot accept cash payments for any amount over \$50  
Any payments over \$50 must be made by credit or debit card, check or money order.

**Recreation Registration Form** (Recreation Office, 601 Deal Rd., Ocean, NJ 07712)

**I. HOUSEHOLD INFORMATION:**

PRIMARY ADULT NAME (First/Last): \_\_\_\_\_  
 PRIMARY ADULT DOB (mm/dd/yr): \_\_\_\_\_  
 MAILING ADDRESS: \_\_\_\_\_  
 TOWN: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 HOME PHONE: \_\_\_\_\_ EMAIL ADDRESS: \_\_\_\_\_  
 CELL PHONE: \_\_\_\_\_ DAY PHONE: \_\_\_\_\_

**II. PROGRAM NAME:** \_\_\_\_\_ **SESSION:** \_\_\_\_\_

**III. PARTICIPANT INFORMATION:**

**PARTICIPANT NAME** (First/Last): \_\_\_\_\_  
**DOB:** \_\_\_\_\_ **GENDER:** M F **GRADE :** \_\_\_\_\_ (grade as of Sept. 2021)  
**EMERGENCY CONTACT (first/last):** \_\_\_\_\_ **PHONE** \_\_\_\_\_  
**PARTICIPANT'S WORK PHONE (adult programming only):** \_\_\_\_\_

Youth Soccer: Note the one night that child cannot practice due to an alternate obligation: \_\_\_\_\_

Youth Soccer: Individual requests (carpooling, specific team, etc.) will not be considered given the size of the programs.

**YES, I WOULD LIKE TO VOLUNTEER** (youth soccer) **COACH ASSISTANT EITHER**

**VOLUNTEER NAME:** \_\_\_\_\_ **ADDRESS:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_ **DAY PHONE:** \_\_\_\_\_

1. Does this program registrant require special assistance or accommodations to enjoy this program? \_\_\_\_ If yes, please note the physical or developmental disability and limitations (or any other situation) and include with registration form. Requests for special assistance must be received at least three weeks prior to the start of the program.
2. Due to the strenuous nature of some activities, registrant should consult a physician prior to participation. It is the responsibility of the participant to inform the Recreation Office of any physical disabilities that may limit his/her participation in a program.
3. Please note that participant assumes the responsibility of all reasonable risks which may exist due to participation in Township-sponsored events.
4. I have reviewed and understand the Registration/Refund procedure as provided in the seasonal brochure.
5. The Township of Ocean has established a Participation Code of Conduct and it is understood that compliance is required for participation in Township activities. A copy is available upon request.
6. It is understood that images of the participant noted on this form may appear in footage on the Township television station, the Township website and Facebook or Twitter pages, and in photographs promoting activities sponsored through the Department of Human Services.
7. As per NJ State Law (P.L. 2006, Chapter 306), school age youth who wear corrective eyeglasses are directed to wear protective eyewear that meets established safety standards during certain activities (including but not limited to basketball, soccer, tennis, lacrosse, baseball/softball). Please consult your child's eye doctor for specific information.

**Participant (if over 21)/Parent/Guardian Signature** \_\_\_\_\_

Office use: Date: \_\_\_\_\_ Amount: \_\_\_\_\_ Check#: \_\_\_\_\_ FAM ID #: \_\_\_\_\_ Int. \_\_\_\_\_